

Activity 1: Spreading Public Awareness under Rural Outreach Program

About Activity:-

- This was our first activity performed as per the AICTE requirements under AVISA TRUST. Backed by the AVISA Charitable trust, we were given the responsibility of spreading public awareness consisting of various programs at Arekere Grama Panchayat , Yelahanka Taluk of Bangalore District and they gave a very warm and welcoming response.
- Each team as divided and we visited every house and performed the above awareness activities such as *Awareness on waste management, waste segregation and disposal techniques for waste, Awareness on harmful impacts and effects of plastic usage and how to avoid them* and *Awareness on Government schemes to the rural public.*

Photos





GPS Map Camera

Suradhenupura, Karnataka, India
Unnamed Road, Suradhenupura, Karnataka 562157, India
Lat 13.211425°
Long 77.562147°
15/10/22 11:16 AM GMT +05:30

Google



GPS Map Camera

Suradhenupura, Karnataka, India
Unnamed Road, Suradhenupura, Karnataka 562157, India
Lat 13.211425°
Long 77.562147°
15/10/22 11:24 AM GMT +05:30

Google

Activity 2: travel and tourism

About Activity:-

- This was our second activity.
- A two day tourism project at “Hulukudi Betta”,Dodballapur was taken up by the students of Atria Institute Of Technology with the support of AVISA Charitable Trust.
- The objectives of this project are as follows:
 - To setup a camp for a night stay at the location.
 - The following morning, we started trekking to the top of the hill to watch the sun rise.
 - Following the trekking activity,we took part in beautifying the area around.
 - We painted the walls of a temple situated there
 - We also took part in cooking activities and served it to the other tourists present there.
 - Overall, it was a great experience as we got to spend some memorable time with our friends and we also had the satisfaction of contributing to the agenda

“TOURISM PROMOTION”.

Photos



Activity 3: Contribution to any national level initiative of Government of India-Swachh Bharat

About Activity:-

Our final project as a part of AICTE activities was the national initiative program, "Swachh Bharat Abhiyan". This program was done with the support of "AVISA Charitable Trust". It consisted of the following activities:

- Lake cleaning program, followed by planting of saplings.
- "Swachh Bharat Abhiyan" program at Arekere Grama Panchayat office on the occasion of "GANDHI JAYANTI".
- Visit to waste management plant and understand the process of segregation and disposal of waste at a large scale.
- Cleaning Programs taken up.

This program helped us to understand the importance of keeping us and our surroundings clean

Photos.





Activity 4: Spreading health awareness and importance of Yoga in rural areas

About Activity:-

Health is god gift to us health refers to the physical and mental state of human being. To stay healthy is not an option but a necessity to live a happy life. Yoga is a well known for spiritual discipline that is based on a science that aims at attending harmony between body and mind. Yoga is safe and is practiced even by kids and older people. Currently when the whole world is fighting against covid, yoga has gained its importance the craze of yoga among people has increased. It offers flexibility to the body and relaxation to the mind. It helps to develop self discipline and self-awareness if practiced regularly. Gain a sense of power as yoga helps to lead to a healthy life free of cost.

Photos



