## REPORT

## "HOW TO DEVELOP A SMART AND CONFIDENT PERSONALITY"

SESSION: HOW TO DEVELOP A SMART AND CONFIDENT PERSONALITY VENUE: AC413 DURATION: 01 HOUR each for II & III year students DATE: 15/02/2020

The seminar for developing a smart and confident personality was conducted by the CSE department (AIT) for both 2<sup>nd</sup> year and 3<sup>rd</sup> year students in separate sessions on 15-02-2020, which began around 10:45 AM in the morning and planned as a one-hour session each.

The first session began with the second year students being introduced to the speaker Mr. Goutham by Mr. Naushad K H, the placement officer of Atria Institute of Technology. The speaker started the session by talking about his background in a nutshell. He then gave details about the ongoing crisis all around the world and the reasons as to why these were taking place and also made the session interactive by asking questions to the students regarding the same. Later, he gave profound explanation about the selection process in multinational companies and stressed about the importance of body language and explained how candidates are filtered before the actual interview itself. Since he has been invited by a lot of companies to select candidates, he explained how he would select candidates and what key features he would look for in a good candidate. He also demonstrated the body languages shown by people of timid, anxious, dominating and submissive mentalities. He also explained what an ideal candidate should behave like in an interview and that the evaluation of a candidate starts right from the moment he enters the interview hall.

Later he demonstrated how a proper handshake is to be given. Then, a video made by Gillette starring Harsha Bhogle (famous cricket commentator) was played in which highlighted all the mistakes a candidate aspiring to crack an interview made. The candidate was wearing untidy clothes and had a gloomy appearance. The candidate initiates a weak handshake and mumbles while talking to the interviewers. He answers to the typical interview questions such as "tell me about yourself" and "Where do you see yourself in 5 years?" in a disorganized way. All these red-flags conveys a bad message to the interviewers which prompts the interviewers to reject him.

The video then showed what the candidate should have ideally done such as wearing tidy and pressed clothes and sporting a sharp appearance. The candidate confidently answers to all the questions asked by the interviewers especially to the typical interview questions in a crisp manner thus imparting a good impression on the interviewers, which leads them to select the candidate.

The same session was then conducted for the third year students, who also gave a patient listening and were open to the ideas shared by him.

The session concluded with Mr. Goutham giving key points to remember during interviews.

## **Photos of the session:**





